



When You Look At Me...

I have a difficult time putting my thoughts into words. It's important, though, for me to communicate some things to you. Although words sometimes escape me, this message conveys what I want to say.

When you look at me, know that I don't want to burden you with my personal struggles any longer. My heart is heavy knowing all that I've put you through while you've walked with me through this extremely difficult time. Know that I'm not doing any of this to hurt you or to get back at you in any way. Furthermore, I'm not doing this to get attention.

Even though my actions don't always show it and even though my resolve sometimes wanes, there is still a part of me that wants more than anything to recover, to be healthy, and to relieve you of the stress this has caused for you. Please understand that I'm trying, but that I simply haven't yet found my way.

